



BURLINGAME AYSO 2022 COVID-19 SAFETY PROTOCOLS

We are excited for another AYSO season! Participant safety is a key pillar of our region's AYSO program. While we would like to go back to play without any COVID regulations or requirements, at this time Burlingame AYSO will maintain some aspects of the COVID preventative measures from past seasons. We will continue to include **pre-activity symptom checks** and there will be **mask requirements in certain situations**. These protocols have been put in place to adhere to local and federal health guidelines.

For teams participating in area play, participants must adhere to the protocols of the home team. Those protocols may differ from those of Burlingame AYSO.

Positive COVID-19 Test or Diagnosis

A participant who receives a positive COVID-19 test or is diagnosed with COVID-19 must remain away from the team for a minimum of five days. Assuming the participant does not exhibit serious symptoms **or** symptoms are not worsening, the participant may return to team activities on the sixth day after the initial positive test or the onset of symptoms. During the period of day six through day ten the participant must wear a mask at team activities. In addition, if the participant cannot attend school or is required to quarantine for school, that participant should not attend AYSO activities. A responsible adult must inform the team coach and the safety director (safety@burlingameayso.org) of a positive test result or a diagnosis for a player. In the case of a coach, notification should be made to the division coordinator and safety director. **Timely notification can help members of our community make the decisions they feel appropriate for their families.**

Close Contact with a Positive or Suspected Positive Case

It is recommended (but not required) those who have been in close contact with a positive or suspected positive case of COVID (i) remain masked for a period of ten days after the close contact and (ii) test upon notification of the close contact and five days after the close contact. If the participant does experience symptoms of COVID-19, they should not attend team activities and should test as appropriate.

Pre-activity Symptom Checks

If participant has any symptom(s) of COVID-19 (as defined by the CDC here: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>) which are not explained by another medical condition, that participant should not attend an organized team activity. For players, a symptom check should be performed by a parent or responsible adult as soon as practicable before that participant joins an organized activity. Participants who experience symptoms must not attend AYSO activities, regardless of vaccination status. Participants must be symptom free for at least 24 hours before returning to team activities. While highly encouraged, a negative Covid test is not required to return to play. The pre-activity checklist can be found in Exhibit A.

Mask Requirements

Participants will only be required to mask if they have tested positive for COVID-19 within the past ten days. Masks are recommended when social distancing is impractical. The wearing of masks shall not be discouraged.

Exhibit A



COVID-19 Questionnaire

All players and volunteers must check their temperature and complete this questionnaire before coming to the field. Note: You do not need to bring the completed questionnaire with you to the field.

DO NOT ATTEND SESSION IF:

- You/your player answers YES to any of the questions below
- You/your player are feeling unwell for any reason

1. Do you have a temperature of 100.4 F or higher? Yes / No		
2. Do you have any of these <u>persistent</u> symptoms within the last 3 days or tested positive for COVID-19?		
Sneezing/Runny Nose	Loss of taste or smell	New onset rash
Coughing	Headache	
Shortness of breath	Nausea	
Sore Throat	Diarrhea	
Severe fatigue or muscle aches	Vomiting	
3. Are you required to quarantine due to school guidelines? Yes / No		
4. Are you required to quarantine due to international travel quarantine requirements per the CDC? Yes / No		

If a player/coach tests positive for COVID-19:

Players: IMMEDIATELY notify your COACH and the SAFETY DIRECTOR at safety@burlingameayso.org.

Coaches: IMMEDIATELY notify your DIVISION COORDINATOR and the SAFETY DIRECTOR at safety@burlingameayso.org.

Player and coach confidentiality will be maintained.

THANK YOU FOR YOUR COMMITMENT TO OUR COMMUNITY'S SAFETY!